

TRAVEL Checklist



Health/Beauty

- ☐ Sunscreen
- ☐ Lip balm
- ☐ Medications in original containers, vitamins
- ☐ First-aid items (band-aids, pain relief, allergies)
- ☐ Prescription eye glasses or contact lenses
- ☐ Make-up, feminine products
- ☐ Hair brush, gel, curler/straightener
- ☐ Face wash, lotion, deodorant, razor, Q-tips, ear plugs, eye drops
- ☐ Anti-bacterial wipes/lotion
- ☐ Bug spray/lotion
- ☐ Toothbrush, toothpaste, floss

Essentials

- ☐ Wallet
- ☐ Cash, credit cards
- ☐ ID/Passport
- ☐ E-ticket



Snacks

- ☐ Granola, chocolate, nuts
- ☐ Protein bars
- ☐ Mints/gum



Entertainment

- ☐ Magazine/book
- ☐ Phone, tablet, laptop (and chargers)
- ☐ Camera (and charger, extra memory cards)
- ☐ Headphones
- ☐ Portable speaker



Comfort

- ☐ Sunglasses, travel umbrella
- ☐ Light jacket/cardigan sweater, scarf, raincoat
- ☐ Swimsuit, cover-up, hat
- ☐ Laundry bag
- ☐ Travel blanket, neck pillow
- ☐ Small purse

